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## PRESS RELEASE

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## FOR IMMEDIATE RELEASE

Esketamine (Spravato™), an FDA-Approved, Fast Acting Antidepressant That May Improve Treatment Resistant Depression in Hours Instead of Weeks, Available in the DC Metro Area

Chevy Chase, MD – Esketamine (Spravato™) an FDA-approved, fast acting antidepressant that may improve treatment-resistant depression in hours instead of weeks is now available in the DC Metro area. SPRAVATO™ is delivered intra nasal via nasal spray, with no IV injection required for medication delivery.

Esketamine (Spravato<sup>™</sup>) is available only through a limited distribution program that is part of the SPRAVATO<sup>™</sup> REMS (Risk Evaluation and Mitigation Strategy). Washington Behavioral Medicine Associates, LLC is one of the select, few certified clinics to offer this new treatment option.

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For more information, contact Gonzalo Laje, MD, Director, Washington Behavioral Medicine Associates, LLC at (301) 442-3638 or email Dr. Laje at glaje@wbma.cc